

Health Screening Packages

Subang Jaya Medical Centre (SJMC) Health Screening Centre provides a range of services from comprehensive health screenings to specific screenings for the heart, digestive health, and tumour markers.

We're here to provide you with the best possible care because we are people caring for people.

Things to bring:

1. NRIC or passport
2. Past medical record or scans
3. Company / Payor guarantee letter (if applicable)
4. Jacket or cardigan to keep warm
5. Bottled water to stay hydrated



FOOD VOUCHER

For Health Screening

RM20



Applicable
in SJMC
Cafe 35 only

Get a complimentary meal voucher with every health screening package!



"My frequent Health Screening Centre for the longest time. Has always been my preferred place for its systematic approach, friendly staff and competitive pricing."

Jasmine Teo



"Health Screening Centre services are good environment also very friendly. Doctors are kind and helpful as well. When i got back my reports the doctor also very kind to explain to me. Highly recommended to others."

Nicole Vlog

Health Screening Tips

DOs



Allocate 1 full day to complete your health screening.



Fast at least 10 hours prior to your health screening.



Stay hydrated with plain water before your screening.



Wear comfortable shoes and clothing.



Expect to get your health report on the same day (for appointments before 10am) or the following day (for appointments after 10am or during peak periods).

For ladies who have done a Pap smear test, test results are only available 4 working days post-screening. We advise you to collect your report then.

DON'Ts



Delay your health screening as wait times will be longer during peak periods (October to December)



Wear jewellery during your health screening as you will be required to remove them for X-ray procedures.

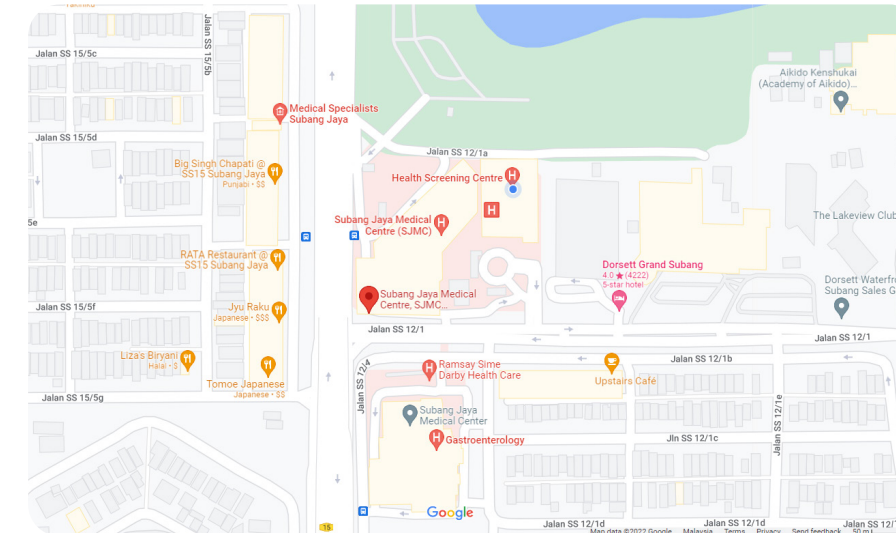


Schedule your health screening during your menstruation. It should be done at least 14 days after the first day of your period.



Don't do any X-rays if you are pregnant as it may harm the foetus.

Our Location



Health Screening Centre

1st Floor Mediplex,
Subang Jaya Medical Centre (SJMC)

Operating Hours

Monday – Friday : 8.00am – 5.30pm
Saturday : 8.00am – 12.30pm
Sunday & Public Holidays : Closed

Tel : +603 5639 1527 / 1389
Whatsapps : +6019 249 2183
E-mail : sjmc.hsc@asia1health.com



Scan here to follow us on social media

Subang Jaya Medical Centre

Owned by SJP Medical Centres Sdn. Bhd. Registration No. 198901004482 (181788-D)
No. 1, Jalan SS 12/1A, 47500 Subang Jaya, Selangor, Malaysia

24-Hour Careline No.: +603-5639 1212

www.subangjayamedicalcentre.com

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Women's Health Packages

	Description	All Ages		40 & Below	40 & Above		70 & Above
		Gold*	Female Gold Plus*	Female Youth Diamond	Female Diamond	Female Diamond Plus	Senior Female Platinum
Blood Tests	Blood Grouping (ABO)	✓	✓	✓	✓	✓	✓
	Full Blood Examination	✓	✓	✓	✓	✓	✓
	Diabetic Screen – Fasting Blood Glucose	✓	✓	✓	✓	✓	✓
	Diabetic Screen – HbA1c	✓	✓	✓	✓	✓	✓
	Hepatitis A Antibody	✓	✓	✓	✓	✓	✓
	Hepatitis B Antigen & Antibody	✓	✓	✓	✓	✓	✓
	Hepatitis C Antibody	✓	✓	✓	✓	✓	✓
	Helicobacter Pylori			✓	✓	✓	✓
	Cardiac Marker (High Sensitivity C-Reactive Protein)			✓	✓	✓	✓
	Kidney Function Test	✓	✓	✓	✓	✓	✓
	Lipid Profile	✓	✓	✓	✓	✓	✓
	Liver Function Test	✓	✓	✓	✓	✓	✓
	Uric Acid	✓	✓	✓	✓	✓	✓
	Rheumatoid Factor (Arthritis Screen)			✓	✓	✓	✓
	Syphilis Test (RPR)	✓	✓	✓	✓	✓	✓
	HIV Antigen and Antibodies	✓	✓	✓	✓	✓	✓
	Thyroid Screening (Free T4)	✓	✓	✓	✓	✓	✓
	Thyroid Stimulating Hormone (TSH)			✓	✓	✓	✓
	Pap Smear (Thin Prep)		✓	✓	✓	✓	
Cancer Markers	AFP (Liver)			✓	✓	✓	✓
	CEA (Colon)			✓	✓	✓	✓
	CA 19.9 (Pancreas/Stomach)			✓	✓	✓	✓
	CA 125 (Ovary)			✓	✓	✓	✓
	CA 15.3 (Breast)			✓	✓	✓	✓
Urine Tests	PSA (Prostate)						
	Full Urine Exam	✓	✓	✓	✓	✓	✓
Imaging Tests	Urine Microscopy	✓	✓		✓	✓	
	Chest X-Ray	✓	✓	✓	✓	✓	✓
	Abdominal & Pelvic Ultrasound		✓	✓	✓	✓	✓
Screening Test	Breast Ultrasound		✓		✓	✓	✓
	3D Mammogram (for >40 years old)		Choose ONE		Choose ONE		
	Bone Mineral Density						
Basic Eye Assessment	Electrocardiogram (ECG)	✓	✓	✓	✓	✓	✓
	Exercise Stress Test			✓	✓	✓	
	Lung Function Test	✓	✓	✓	✓	✓	
	Audiometry (Hearing Test)			✓	✓	✓	✓
Consultations	Body Composition Analysis	✓	✓	✓	✓	✓	✓
	Examination by Optometrist, Visual Acuity, Auto-Refraction, Intraocular Pressure (IOP), Fundus Photography			✓	✓	✓	✓
Meal Voucher	Physical Examination and Consultation by RMO	✓	✓	✓	✓	✓	✓
	Dietary and Nutrition Care Assessment & Consultation	✓	✓	✓	✓	✓	✓
Standard Price	Complimentary refreshment	✓	✓	✓	✓	✓	✓
		RM760	RM1,790	RM2,520	RM3,050	RM3,300	RM2,540
Add-on		Tumour Marker* Helicobacter Pylori, AFP (Liver), CEA (Colon), CA 19.9 (Pancreas/Stomach), CA 125 (Ovary), CA 15.3 (Breast) RM339					

Men's Health Packages

	Description	All Ages				70 & Above
		Gold*	Male Gold Plus*	Male Diamond	Senior Male Platinum	
Blood Tests	Blood Grouping (ABO)	✓	✓	✓	✓	
	Full Blood Examination	✓	✓	✓	✓	
	Diabetic Screen – Fasting Blood Glucose	✓	✓	✓	✓	
	Diabetic Screen – HbA1c	✓	✓	✓	✓	
	Hepatitis A Antibody	✓	✓	✓	✓	
	Hepatitis B Antigen & Antibody	✓	✓	✓	✓	
	Hepatitis C Antibody	✓	✓	✓	✓	
	Helicobacter Pylori			✓	✓	
	Cardiac Marker (High Sensitivity C-Reactive Protein)			✓	✓	
	Kidney Function Test	✓	✓	✓	✓	
	Lipid Profile	✓	✓	✓	✓	
	Liver Function Test	✓	✓	✓	✓	
	Uric Acid	✓	✓	✓	✓	
	Rheumatoid Factor (Arthritis Screen)			✓	✓	
	Syphilis Test (RPR)	✓	✓	✓	✓	
	HIV Antigen and Antibodies	✓	✓	✓	✓	
	Thyroid Screening (Free T4)	✓	✓	✓	✓	
	Thyroid Stimulating Hormone (TSH)			✓	✓	
	Pap Smear (Thin Prep)					
Cancer Markers	AFP (Liver)			✓	✓	
	CEA (Colon)			✓	✓	
	CA 19.9 (Pancreas/Stomach)			✓	✓	
	CA 125 (Ovary)					
	CA 15.3 (Breast)					
Urine Tests	PSA (Prostate)		✓	✓	✓	
	Full Urine Exam	✓	✓	✓	✓	
Imaging Tests	Urine Microscopy	✓	✓	✓	✓	
	Chest X-Ray	✓	✓	✓	✓	
	Abdominal & Pelvic Ultrasound			✓	✓	
Screening Test	Breast Ultrasound					
	3D Mammogram (for >50 years old)					
	Bone Mineral Density					
Basic Eye Assessment	Electrocardiogram (ECG)	✓	✓	✓	✓	
	Exercise Stress Test		✓	✓	✓	
	Lung Function Test	✓	✓	✓	✓	
	Audiometry (Hearing Test)			✓	✓	
Consultations	Body Composition Analysis	✓	✓	✓	✓	
	Examination by Optometrist, Visual Acuity, Auto-Refraction, Intraocular Pressure (IOP), Fundus Photography			✓	✓	
Meal Voucher	Physical Examination and Consultation by RMO	✓	✓	✓	✓	
	Dietary and Nutrition Care Assessment & Consultation	✓	✓	✓	✓	
Standard Price	Complimentary refreshment	✓	✓	✓	✓	
		RM760	RM1,350	RM2,260	RM2,210	
Add-on		Tumour Marker* Helicobacter Pylori, AFP (Liver), CEA (Colon), CA 19.9 (Pancreas/Stomach), PSA (Prostate) RM279				