



## **A Remote Patient Monitoring Kit**



For customer support or medical advisory, please contact TeleConnect at 📞 +603-5639 1818, 24-Hour Medical Enquiries.

## STEP 1: HOW TO SETUP THE GATEWAY?

- 1. Plug the USB cable into the USB wall charger and connect the other end of the cable to the gateway.
- 2. Ensure the gateway is within 15 meters of the wi-fi modem & within 3 meters of the vital sign devices.



# STEP 2: HOW TO SETUP THE WI-FI MODEM?

Plug the wi-fi modem to the USB wall charger. Ensure the indicator shows a bluish green light for the strongest network connection.





SCAN FOR VIDEO SET-UP GUIDE Note: All the devices will automatically switch off

## **STEP 3: HOW TO TAKE YOUR HEALTH VITALS?**



#### Thermometer

- 1. Remove the protective cap.
- 2. Aim thermometer 3-7 cm away from forehead.
- 3. Press the scan button and take your reading.

### Oximeter

- 1. Clamp the oximeter on your middle or index finger.
- 2. Rest on your hand on a flat surface.
- **3.** Keep the oximeter in place for a minute or longer to get the reading



#### **Blood Pressure Monitor**

- 1. Hold your arm out with your palm facing up.
- 2. Wrap & tighten the cuff on the upper part of your arm.
- **3.** Place your elbow on a flat surface and relax.
- **4.** Press the "on" button to take the reading and remove the cuff once reading appears on the display.

